## Department of Drug Dependence Research

## The research on the drug abuse/dependence situation and their mechanisms and The development of treatment methods

<u>Understanding the current situation of drug abuse/dependence through nationwide epidemiological researches</u>

- Lifetime prevalence of any illicit drugs (>=15 years old): 2.5% in 2013
  - Solvents 1.9% > Cannabis 1.1% > Methamphetamine 0.5%
- Lifetime prevalence of any illicit drugs (junior high): 0.8% in 2012
  - Solvents 0.5% > Cannabis 0.2% > Methamphetamine 0.2%
- ■% drugs as main cause of out- and in-patients in 2012

  Methamphetamine 42% > "Evasion" Drugs 16.3% > Hypnotics/Anti-anxietics 15%

■% of HCV Ab positive among the Methamphetamine inpatients is 18% in 2013.

## **Development of treatment methods**

- development of "family manual"
- development of "staff manual"
- Development of Cognitive
  Behavioral Therapy

The workbook and manual-based CBT for drug dependence significantly raise the rate of treatment retention.



- Epidemiological researches for making strategies and their estimation
- Basic and clinical research on mechanism
- Development of treatmentmethods/system

Evaluation of the psychic dependency of newly abused drugs

- Basic Research (animal study)
  - Neurobehavioral effects
  - Psychic dependency(CPP paradigm)
  - Neurotoxicity (cell culture)
- Provide scientific data of drug for control in Japan

List of newly controlled drugs (based on our data):

2C-T-2,2C-T-4,2C-T-7,2C-I,Methylone, etc.



CPP paradigm: Which box is prefer?

Toxicity (brain neuronal cells)

