

Greetings from the President

Our institutions and hospital work together to conquer disease through the outstanding research of world-class specialists and patient-oriented care amid a setting of natural beauty.



President **Hidehiro Mizusawa**National Center of Neurology and Psychiatry

Overcoming Mental and Neurological Diseases

The 21st century has been called "The Age of the Brain and Mind." The National Center of Neurology and Psychiatry (NCNP) is a research and development center that combines research institutes and a hospital to overcome diseases that afflict the brain and mind. The unique proximity on the same campus and close cooperation between institutes and hospital strengthen their ability to elucidate the pathogenesis and pathophysiological mechanism of intractable mental, neurological and muscular diseases and developmental disorders, establish effective diagnostic methods, develop new treatments, expand medical care models, and ultimately improve mental healthcare.

Evolving to Address Disorders

We at NCNP are developing the organizational structure required to support a new research infrastructure and research and development while reforming our facilities and systems to realize our vision for the future of medical care. We launched the Translational Medical Center (TMC) to roughly coincide with the completion of our new hospital in 2010 as a bridging organization to embody our concept of organic cooperation between the hospital and research institutes.

In 2011, we started operating the Integrative Brain Imaging Center (IBIC) to elucidate brain pathology and facilitate the development of therapeutic and diagnostic technologies by specialists using cutting-edge, brain imaging equipment. We also launched the Center for Cognitive Behavior Therapy and Research to support experts and disseminate cognitive behavioral therapy, which has been recognized as effective for psychiatric treatment along with drug therapy.

The Medical Genome Center (MGC) was opened in 2015 to promote the development of new diagnostic and therapeutic methods as well as clinical applications and the effective use of bioresources using genomic information.

As a further example of cooperation between the hospital and the institutes, we opened a specialized disease center consisting of clinicians, researchers and other healthcare professionals involved in individual diseases. Here, unified efforts are being advanced for more specialized disease treatment as well as the research and development of innovative therapeutic approaches.

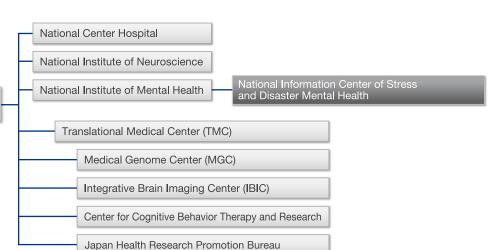
Our Exclusive Mission

This is the only center that brings together in one location experts in the four categories of mental disorders, neurological and muscular diseases, and developmental disorders. We proudly serve in the world's only psychiatry and neurology center, where we will spare no effort to quickly and effectively deliver advanced medical services and defeat the diseases that afflict our patients. We deeply appreciate the public support and cooperation we receive in the course of our work.

Center Organization

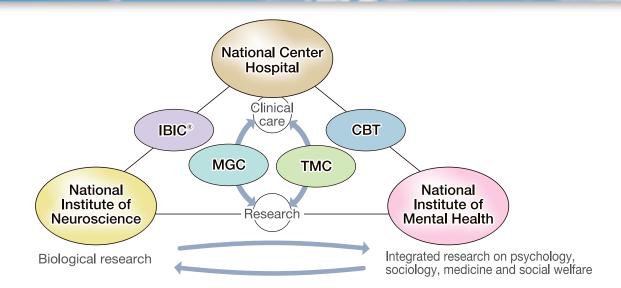


National Center of Neurology and Psychiatry



Introducing the National Center of Neurology and Psychiatry (NCNP)

An advanced medical research center that combines medical care and research to overcome mental, neurological and muscular, and developmental disorders



Mission



Research and Development

As an advanced medical research center, NCNP plays a pivotal role in promoting clinical research on mental and neurological diseases by conducting not only its own basic research, but also clinical studies and trials. We also aim to consistently produce world-class research achievements by developing common research infrastructures with many external institutes and demonstrating unparalleled leadership in the effective use of research resources.

Provision of Medical Care

By making full use of the research achievements on psychiatric disorders and neurological diseases, NCNP delivers medical care that aims to improve the patient's quality of life. Particularly regarding rare, severe and intractable diseases, we collect cases and clinical information to provide advanced and pioneering treatments. We also support families and caretakers of patients with full consideration of the physical, psychological and economic burdens associated with these specific diseases.

Human Resource Development

NCNP cultivates leaders with expertise through extensive education and tutoring of residents and research fellows, and also promotes exemplary training and workshops for professionals in healthcare and related fields. We cultivate future leaders in local healthcare and leading-edge clinical studies. In addition, NCNP is currently developing programs for professionals other than doctors and researchers.

Information Dissemination

NCNP adequately disseminates information such as basic information on psychiatric disorders and neurological diseases as well as information on their prevention, diagnosis and treatment, through various media and related institutions. In the event of an emergency situation, such as a natural disaster, NCNP promptly disseminates practical information based on its reliable accumulated research findings.

Policy Recommendations

NCNP contributes to public policy planning related to psychiatric disorders and neurological diseases through the analyses of earlier research, epidemiological studies, clinical studies and other types of studies. For particularly urgent issues in fields such as medical policy and suicide prevention, we provide expert recommendations based on the findings of relevant research, field surveys and other efforts in Japan and overseas.

National Center Hospital

A leading-edge hospital that conducts medical practice and research in concert with the research institutes to overcome mental disorders, neurological and muscular diseases, and developmental disorders



The mission of the National Center Hospital is to lead Japan's research and medical care for brain, neurological and muscular diseases, many of which are intractable, toward clarifying their causes and developing diagnostic and treatment methods. A lot of people experience a deteriorating quality of life as these diseases interfere with their work and everyday activities. We sincerely strive to make highly qualified medical technologies available to patients with mental disorders, neurological and muscular diseases and developmental disorders, while respecting the human rights of our patients.

Characteristics of the Hospital

Offers safe, good quality medical services from the patient's perspective

Provides advanced medical care as well as standard healthcare services

The hospital, surrounded by greenery delivers advanced medical services with great care

Cultivates the next generation leaders in medical professions, including doctors

Promotes clinical studies and trials

Delivers medical care that is conducted under the authority of the national government

Hospital rooftop garden

Conference of diverse medical professionals

LSVT® LOUD treatment

Special private room







Departments

Department of Psychiatry (1st Department)

Department of Forensic Psychiatry (2nd Department)

Department of Neurology

Department of Child Neurology

Remedial Education Room

Department of Neurosurgery

Department of General Medicine

Nutrition Control Unit

Department of General Surgery

Department of Outpatient Service

Genetic Counseling Unit

Surgery and Central Supply Unit

Division of Medical Engineering

Department of Radiology

Department of Laboratory Medicine

Sleep Disorders Laboratory

Genetic Diagnosis

Department of Physical Rehabilitation

Department of Psychosocial Rehabilitation

Medical and Welfare Consultation Unit

General Support Office for Medical and Welfare

International Medical Consultation Unit

Department of Clinical Research Unit

Study Management/Coordination Section, Department of Clinical Research Promotion

Clinical Research/Trial Promotion Section

Department of Clinical Psychology

Division of Clinical Psychology

Department of Pharmacy

Department of Nursing

Division of Advanced Practice Nursing

Medical Information Room

Specialized Disease Centers

Parkinson's Disease and Movement Disorder Center

Muscular Disease Center

Multiple Sclerosis Center

Epilepsy Center

Community Psychiatric Practice Center

Sleep Disorders Center

Early Detection and Intervention Center for Schizophrenia (EDICS)

Mood Disorder Center

Research Center for Neurocognitive Disorders

Dysphagia Research Center

Center for Drug Addiction Treatment

Specialty Outpatient Clinic

Epilepsy

Epilepsy Surgery

Memory Loss

Mood Disorder

Psychiatric Day Care

Sleep Disorders

mECT、r TMS

Dysphagia

Irritable Bowel Syndrome

Drug Dependence

Second Opinions (Psychiatry, Neurology, Child Neurology, Neurosurgery)

Genetic Counseling

Schizophrenia

Cognitive behavioral therapy

Genetic Counseling

Education and Training Room

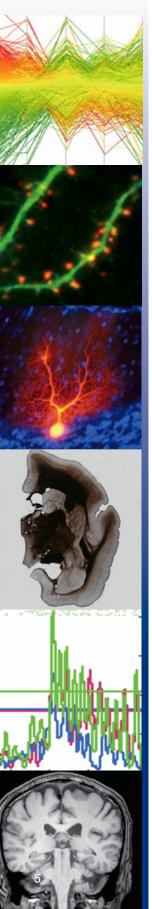
Medical Safety Management Unit

Division of Infection Prevention

Operating room Nursing station X-ray room Pediatric out-patient clinic

National Institute of Neuroscience

Discovering the fundamental causes of mental disorders, neurological and muscular diseases, and developmental disorders, and developing key breakthroughs in diagnosis, treatment and prevention



The World's Leading Neuroscience Research Institute

As a research institute of an advanced specialized medical center, the National Institute of Neuroscience of the National Center of Neurology and Psychiatry conducts biological studies into the diagnosis, treatment and prevention of various mental disorders, neurological and muscular diseases, and developmental disorders for which the causes and treatments are not yet known. We have adopted molecular cell biology as a primary approach and are proactively applying physiology and brain imaging. We particularly focus on basic research that generates promising topics for clinical studies.

Internationally Unparalleled Animal Research Facilities

In the spacious premises of the center, we maintain two animal research facilities, the Research Facility for Experimental Animals and the Animal Facility for Translational Research. The Research Facility for Experimental Animals houses a medium-size animal research facility, a primate laboratory and a small-size animal laboratory, and the Animal Facility for Translational Research is for rodent research. With these four animal research facilities, we are able to conduct research using dogs with muscular dystrophy that are indispensable for studying this disease as well as mice and rats. We can also conduct studies on primates, such as marmosets, which have higher brain functions than mice and rats, a requirement for studying human mental disorders and neurological diseases. These facilities are among the largest of their kind in the world.

Open and International Research Environment Attracts Diverse Researchers

The National Institute of Neuroscience has successfully attracted outstanding talent through its system for accepting, by a variety of means, diverse researchers from Japan and abroad in addition to full time researchers. We also accept young, enthusiastic graduate students and conduct innovative studies using advanced equipment and methods through a joint graduate

school program with a number of universities, including Waseda University, Chiba University and the University of Yamanashi. In this open environment, researchers in diverse fields are gathering and producing valuable findings through cooperative projects. We engage researchers from the United States, Europe, and other Asian nations. Furthermore, we actively conduct joint research projects with overseas institutions including Harvard University and the Max Planck Institute.





Seven Disease Research Departments

Department of Neuromuscular Research

Elucidates pathomechanism of and develops therapy of muscle diseases

Department of Mental Retardation and Birth Defect Research

Advances biological understanding of developmental disorders and studies their diagnosis and prevention as well as treatment methods

Department of Mental Disorder Research

Advances brain science in the areas of schizophrenia and manic depression

Department of Degenerative Neurological Diseases Develops essential therapies for neurological diseases such as Parkinson's disease and dementia

Department of Peripheral Nervous System Research Analyzes mechanism of neuronal degeneration and regeneration to develop neuroprotective therapy

Department of Demyelinating Diseases and Aging

Clarifies pathology of dementia, such as Alzheimer's disease, and develops treatment methods

Department of Information Medicine

Explores brain pathophysiology and develops information therapy using integrated neuroimaging techniques

Seven Basic Research Departments

Department of Biochemistry and Cellular Biology

Investigates molecular machinery of highly complicated and sophisticated nervous system development

Department of Ultrastructural Research

Investigates neural circuits and their development, and how higher brain function develops from neural circuits

Department of Molecular Therapy

Develops therapeutic approaches for neuromuscular diseases focusing on gene therapy and stem cell therapy

Department of Neurochemistry

Investigates molecular basis for functions of nerve cells and glial cells and applies results to treat associated diseases

Department of Immunology

Develops treatment methods for brain autoimmune diseases (especially multiple sclerosis)

Department of Molecular Pharmacology

Identifies the novel mechanism of systemic regulation that promote regeneration of neuronal network after central nervous system injury

Department of Neurophysiology Explores neural basis of sensory-motor mechanism underlying animal behavior

Research Support Units

Administrative section of Animals Resources

Administrative section of Radiation Protection Administrative section of Primate Management

National Institute of Mental Health

Supporting people with psychiatric and developmental disorders by conducting clinical and basic research in the field of brain science and mental health and applying the achievements to medical treatment, policy recommendations and welfare services.



The National Institute of Mental Health conducts some of the world's leading research to elucidate the causes of psychiatric and developmental disorders from psychological, sociological and biological perspectives. The institute collaborates with hospitals inside and outside the NCNP as well as with other medical institutions nationwide and government organs to actively eliminate disparities in advanced and pioneering techniques for diagnosis and therapy with the aim of improving the quality of mental healthcare.

We also make a substantial effort to offer specialized training courses and general lectures to broadly share our research results with medical professionals and the general public.



Enhancing the quality of psychiatric treatment

Policy making

Research activities of the National Institute of Mental Health that benefit individuals and society

Developing techniques for diagnosis and therapy

Support in patients' daily lives

Research on pathogenesis of psychiatric and developmental disorders



Training session



Mock trial involving psychiatric evaluation



Multidisciplinary outreach team

Mission of the National Institute of Mental Health

Supporting individuals and society through research

- Study of mental health policy (policy recommendations to national and local governments)
- 2. Basic research on brain science (pathophysiology of psychiatric diseases and developmental disorders)
- Research targeting clinical application (diagnosis, therapy, rehabilitation, study of psychiatric rehabilitation)
- 4. Study of legal systems (criminal cases, adult guardianship, solutions for problems such as drug abuse/dependence)
- 5. Support for psychiatric treatment in response to disaster
- 6. Development of human resources with advanced expertise in psychiatric treatment and mental health









Applying Research Achievements to Contribute to Policy Making

Department of Mental Health Policy	Contributing to our nation's mental health policy making and planning through (1) close monitoring of mental health and welfare in Japan, (2) mental health policy evaluation and (3) psychiatric epidemiological research with utilization of big medical records data
Department of Drug Dependence Research	Contribute to resolving drug dependence-related issues by conducting epidemiological research on the drug abuse/dependence and pharmacological mechanism of dependence-producing drugs
Department of Community Mental Health and Law	Contribute to building improved mental health and welfare systems through developing effective services and systems to support community living for people with mental disorders and conducting empirical research

Applying Research Achievements to Clinical Care

Department of Behavioral Medicine	Research on the pathogenesis and treatment of mental and psychosomatic disorders related to severe stress and trauma
Department of Preventive Intervention for Psychiatric Disorders	(1) Research into early detection and intervention on psychiatric disorders and the development of preventive therapeutics (2) Elucidation of etiology, mechanisms, and treatment of psychiatric conditions common in childhood and adolescence
Department of Neuropsychopharmacology	The Department of Neuropsychopharmacology carries out integrative drug discovery research using techniques in molecular pharmacology, behavioral science and applied neuroscience. Especially, depression, anxiety disorders, schizophrenia and suicide are focused.
Department of Pathology of Mental Diseases	Elucidation of pathology and development of diagnosis and treatment in schizophrenia, mood disorders, and developmental disorders. Dissemination, education and verification of treatment guidelines in psychiatry
Department of Sleep-Wake Disorders	Elucidate the pathophysiology of circadian and sleep-wake disorders, its influence on mental and physical condition, and develop the new strategies for diagnosis and treatment
Department of Developmental Disorders	Elucidate the pathophysiology of developmental disorders including intellectual disability, autism spectrum disorder, ADHD and specific learning disorder, and explore the effective methods of diagnosis and new treatments

Information Dissemination and Human Resource Development

National Information Center of	Research on the mental health impact of disaster and severe criminality and the development of effective
Stress and Disaster Mental Health	countermeasures and guidelines

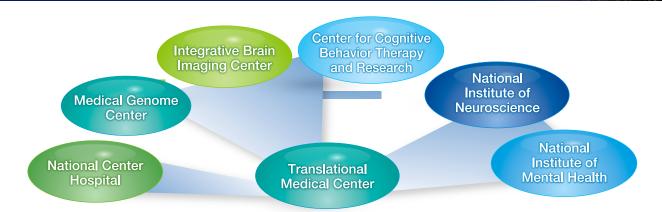
Training and Education

- Multiple-day sourses are held annually to develop spacialized expertise.
- About 1,000 people recommended by local governments paricipate annually in the courses.

Psychological first aid and psychosocial support in disaster	Leadership training for community mental health development
Workshop of treating drug dependence for medical doctors	Workshop of treating drug dependence for medical doctors
Workshop of group relapse prevention program for drug dependence	Workshop of group relapse prevention program for drug dependence
Comprehensive and coordinated management for developmental disorders : early detection and intervention/psychiatric management	Medical science for supporting people with developmental disorders
Training for local government personnel on integrated community mental health care	Mental health outreach services for people with severe mental illnesses
Supported employment for people with severe mental illnesses	Risk assessment training for adversive outcomes in the community

Translational Medical Center (TMC)

Conducting global clinical research, discovering effective drugs and cultivating human resources to deliver innovative medical care to patients suffering from mental disorders, neurological and muscular diseases, and developmental disorders



The Translational Medical Center represents the bridge between the hospital and the institutes. We link pioneering research results to clinical applications while at the same time transforming clinical questions into basic research and clinical research. We are also actively developing human resources for clinical research.



- Planning of physician-led clinical trials, including early exploratory clinical trials
- Coordination of clinical trials with overseas research institutes
- Project management
- Development of patient registry



TMC Activities **S**



TMC building and cluster research buildina

Developing Clinical Research Environments

- Planning of clinical research and offering of provisional consultation and support for pharmaceutical affairs, etc.
- Support of clinical epidemiology and biostatistics
- Muscular Dystrophy Clinical Trial Network
- Ethics course

Workshop during a beginners course

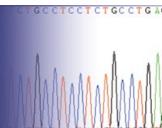


Human Resource Development

- Clinical research seminars and workshops
- Conference for developing young researchers
- Young researcher fellowship program
- Intensive training seminar on protocol preparation
- Seminar on genetics
- · Seminar on genetic counseling

Medical Genome Center (MGC)

Developing new diagnostic and therapeutic methods with genomic information toward clinical applications and promoting the effective use of bioresources for mental disorders, neurological and muscular diseases and developmental disorders.



Organizational Structure

Department of Clinical Genome Analysis

Section of Clinical Genome Analysis

Section of Genomic Information Management

Department of Genome Medicine Development

Section of Integrative Genome Diagnosis

Section of Omics Analysis

Department of Bioresource and Biobank

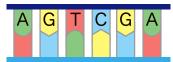
Section of Bioresource Management

Section of Bioresource Utilization Promotion

The MGC preserves genomic and genetic information and bioresources through linkage with clinical information. It utilizes these value-added resources to develop new diagnostic, therapeutic, and prevention methods as well as clinical applications in collaboration with hospitals, research institutions, and the TMC.

Development of Translational Medicine Using Genome Analysis

- Acquisition and analysis of genomic information
- Management of data including links to clinical information
- Verification of the clinical efficacy of genomic information
- Compliance with ethical guidelines for genomic and genetic research



Practical Application of Genomic Medicine

- Development and application of genomic and genetic diagnosis
- Development and application of integrated genomic diagnosis that incorporates pathological and other assessments
- Utilization of information from omics data other than genomics
- Development of human resources





NCNP Biobank



Management and Utilization of Bioresources

- Collection, registration, and preservation of bioresources
- Management of information related to bioresources
- Promotion of effective use of bioresources





Integrative Brain Imaging Center

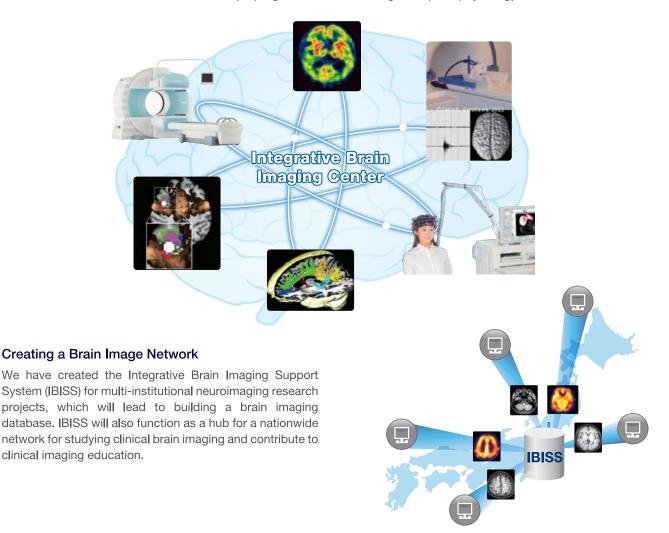
Toward understanding brain pathophysiology by means of integrative neuroimaging that takes advantage of various imaging technologies



Organization Overview		
Department of Advanced Neuroimaging	Department of Clinical Neuroimaging	
 Multimodal Neuroimaging Section Animal Model Imaging Section Organic Radiochemistry Section Neurophysiology Section Brain-Computer Interface Section 	 Diagnostic Neuroimage Research Section Clinical Optic Imaging Section Imaging Neuroinformatics Analysis Section Neuroimaging Database Section 	

Conducting Integrative Neuroimaging Studies

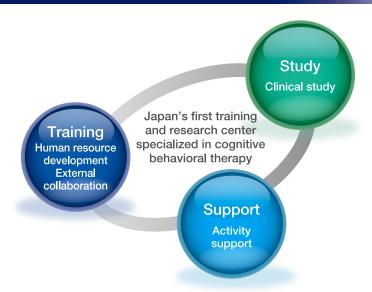
Each imaging technology has its own unique advantages. The effective combination of multiple brain imaging techniques, such as magnetic resonance imaging (MRI), positron emission tomography (PET), magnetic encephalography (MEG) and near-infrared spectroscopy (NIRS), allows us to develop new diagnostic imaging technologies for exploring brain structures and functions, and to achieve major progress in understanding brain pathophysiology.



Center for Cognitive Behavior Therapy and Research

Committed to promoting and developing specialists for cognitive behavioral therapy, a major alternative to medication for the treatment of mental disorders





The Center for Cognitive Behavior Therapy and Research is Japan's first training and research center specialized in cognitive behavior therapy (CBT). The center intends to improve psychiatric technologies in Japan and create a society in which patients receive better psychiatric treatment services. To that end, we implement the nation's leading-edge research and training related to cognitive behavioral therapy.

Human Resource Development

- Development of CBT specialists and instructors Clinical training in medical facilities in Japan and overseas for doctors, clinical psychologists, nurses, etc.
- Promotion of the use of CBT in general practice CBT training (mental disorders, cancer patient care, lifestyle diseases, etc.)
- Training of people involved in mental health projects in local communities, medical care, and welfare activities

Clinical Study

- Development and introduction of CBT manuals on depression, anxiety disorder, insomnia, schizophrenia, etc., and evaluating their effectiveness
- Evaluation of CBT education methods and their effectiveness
- Study on CBT approaches in communities, workplaces, educational institutions and the justice system
- Clarification of therapy mechanisms

External Collaboration

- Major universities in Japan
- Major overseas medical institutions such as McLean Hospital
- International accreditation organization (Academy of Cognitive Therapy and International OCD Foundation)

Activity Support

- Support of mental health activities in local communities, workplaces and schools
- Provision of information
- Facilitation of CBT interviews for individuals, groups and families

Cognitive Behavioral Therapy

The purpose of CBT is to relieve symptoms and prevent recurrence of depression in mood, physical responses, etc., caused by stress through strengthening patient self-control by applying theories and behavior modification techniques of cognitive behavioral science.

Outline and History





The NCNP logo

The red circle represents the lives or spirit of patients, located between the letters "I" for "Institutes" and "H" for "Hospital", expressing our philosophy that the institutes and hospital work together to protect patients by overcoming mental disorders and neurological diseases. The blue used as the base color is often associated with peaceful state of mind and is also thought to have a restorative effect on mental balance and is also a color evoking peace and tranquility.

Outline

Name	National Center of Neurology and Psychiatry		
Establishment	April 1, 2010		
President	Hidehiro Mizusawa	Auditor-secretary	Tetsujiro Hayashi
Directors	Kazuyuki Nakagome	(part time)	Masashi Masuda
Directors	Emi Ikebuchi		
(part time)	Michio Suzuki		

President

Director of the National Center Hospital
Director of the National Institute of Neuroscience
Director of the National institute of Mental Health
Director of the Translational Medical Center
Director of the Medical Genome Center
Director of the Integrative Brain Imaging Center
Director of the Center for Cognitive Behavior Therapy and Research

Hidehiro Mizusawa Kazuyuki Nakagome Takeshi Iwatsubo Yoshiharu Kim Hirofumi Komaki Yuichi Goto

Masaru Horikoshi

NCNP History



Main Institute Building



Institute Building III



General Animal Research Facility

National Center Hospital	December 1940 December 1945 January 1978 October 1986	Established as Musashi Sanatorium for the War Disabled Transferred to the Ministry of Health and Welfare and inaugurated as National Musashi Sanatorium Establishment of the research institute (Neurological Research Center of National Musashi Sanatorium) Establishment of The National Center of Neurology and Psychiatry and integration of Musashi Hospital of NCNP
National Institute of Neuroscience	January 1978 October 1986	Established as Neurological Research Center of National Musashi Sanatorium Renamed as National Institute of Neuroscience due to establishment of National Center of Neurology and Psychiatry
National Institute of Mental Health	January 1952 October 1986	Established as National Institute of Mental Health Renamed as National Institute of Mental Health, National Center of Neurology and Psychiatry
National Center of Neurology and Psychiatry	October 1986 April 1987 October 1987 April 1999 April 2000 October 2003 March 2005 July 2005 October 2006 April 2008 October 2008 April 2010 September 2010 April 2011 December 2011 July 2014 April 2015 May 2015 April 2016 October 2017 April 2018 April 2020	Merger of National Musashi Sanatorium, its Neurological Research Center and National Institute of Mental Health into National Center of Neurology and Psychiatry (NCNP) Intergration of the National Kohnodai Hospital to NCNP Addition of Department of Molecular Genetics to National Institute of Neuroscience Addition of Department of Psychosomatic Research to National Institute of Mental Health Renaming of Mental Retardation Department of National Institute of Mental Health to Department of Developmental Disorders Addition of Department of Molecular Therapy to National Institute of Neuroscience Addition of Department of Forensic Psychiatry to National Institute of Mental Health Moved National Institute of Mental Health to Kodaira district of Tokyo Addition of the nation's first facility under the Act on Medical Care and Treatment for Persons Who Have Caused Serious Cases Under the Condition of Insanity Opening of Center for Suicide Prevention in National Institute of Mental Health Merger of National Kohnodai Hospital with International Medical Center of Japan Renamed Musashi Hospital as National Center Hospital of Neurology and Psychiatry Establishment of Translational Medical Center (TMC) NCNP became an Incorporated Administrative Agency Establishment of Center's second facility (9 hospital wards) under the Act on Medical Care and Treatment for Persons Who Have Caused Serious Cases Under the Condition of Insanity Completion of construction of new National Center Hospital building Establishment of Integrative Brain Imaging Center Establishment of Center for Cognitive Behavior Therapy and Research Opening of National Information Center for Disaster Mental Health Comletion of construction of new Library and Conference Center NCNP was chosen as a National Research and Development Agency Establishment of Medical Genome Center Establishment of Forensic Psychiatry Clinical Research Center Establishment of Forensic Psychiatry Clinical Research Center Establishment of Department of Pathology of Mental Diseases Reorgani

Establishment of Japan Health Research Promotion Bureau



基本理念 一

病院と研究所が一体となり、精神疾患、神経疾患、筋疾患、 及び発達障害の克服を目指した研究開発を行い、その成果をもとに 高度先駆的医療を提供するとともに、全国への普及を図る。

——— Philosophy ———

Our hospital and institutions should work together in research and development to overcome mental disorders, neurological and muscular diseases, and developmental disorders with the mission to use our research results for providing advanced medical services and to spread our services across the country.





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〒187-8502 (National Institute of Neuroscience)

₹187-8553 (National Institute of Mental Health)

TEL: 042-341-2711

交通アクセス / Access Map

- ◆西武新宿線拝島行または 西武遊園地行にて 「萩山駅」(南口)下車、徒歩7分
- ◆JR 中央線国分寺駅乗換え、西武多摩湖線 「萩山駅」下車、徒歩 7 分
- ◆JR 武蔵野線「新小平駅」下車、 徒歩 10 分
- Get off the train bound for Haijima or Seibu Yuenchi at Hagiyama Station (South exit) on the Seibu Shinjuku Line, 7-minite walk from the station.
- Change the train at Kokubunji Station on the JR Chuo Line. Get off the train at Hagiyama Station on the Seibu Tamako Line, 7-minite walk from the station.
- Get off the train at Shin-Kodaira Station on the JR Musashino Line, 10-minite walk from the station.

