

Department of Psychosomatic Research

Our mission is to conduct clinical and basic researches into psychosomatic disorders, focusing on physical illnesses closely related to mental stress, eating disorders, and lifestyle-related diseases.

Current Research Project

1. Determination of the pathology of psychosomatic diseases and the development of effective treatment

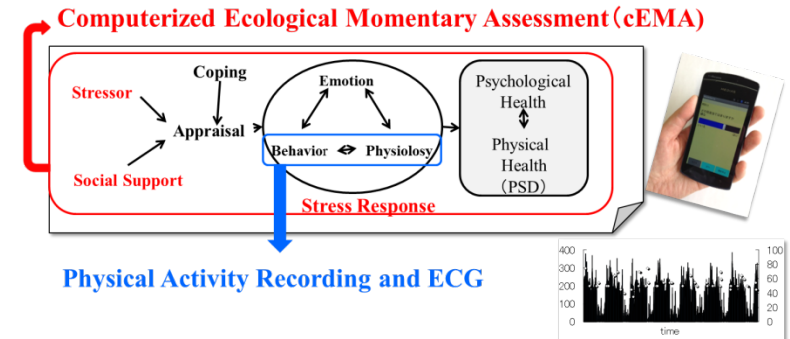
- 1-1. Development of a multidimensional assessment method of psychological stress in daily settings
- 1-2. Development of cognitive behavioral treatment for irritable bowel syndrome (IBS)

2. Studies on the pathology and epidemiology of Eating Disorders (EDs)

- 2-1. Study of biological markers of EDs
- 2-2. Functional imaging study of EDs: Assessment of one's self through comparison with others
- 2-3. Epidemiological studies concerning eating disorders

3. Studies on psychosomatic relationship using ambulatory assessments

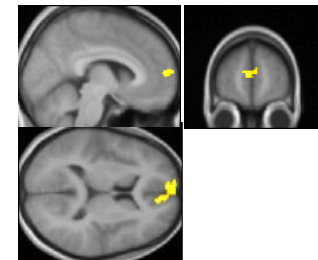
- 3-1. Comprehensive understanding of temporal relationships between eating behavior and biopsychosocial factors
- 3-2. Memory of subjective symptoms and methodological issues in the assessment of subjective symptoms



CBT for Irritable Bowel Syndrome



Functional MRI



Genetic Study for Eating Disorders

