Overcoming Mental and Neurological Diseases

The 21st century has been called “The Age of the Brain and Mind.” The National Center of Neurology and Psychiatry (NCNP) is a research and development center that combines research institutes and a hospital to overcome diseases that afflict the brain and mind. The unique proximity on the same campus and close cooperation between institutes and hospital strengthen their ability to elucidate the pathogenesis and pathophysiological mechanism of intractable mental, neurological and muscular diseases and developmental disorders, establish effective diagnostic methods, develop new treatments, expand medical care models, and ultimately improve mental healthcare.

Evolving to Address Disorders

We at NCNP are developing the organizational structure required to support a new research infrastructure and research and development while reorganizing facilities and systems to realize our vision for the future of medical care. We launched the Translational Medical Center (TMC) to roughly coincide with the completion of our new hospital in 2010 as a bridging organization to embody our concept of organic cooperation between the hospital and research institutes.

In 2011, we started operating the Integrative Brain Imaging Center (IBIC) to elucidate brain pathology and facilitate the development of therapeutic and diagnostic technologies by specialists using cutting-edge brain imaging equipment. We also launched the Center for Cognitive Behavior Therapy and Research to support experts and disseminate cognitive behavioral therapy, which has been recognized as effective for psychiatric treatment along with drug therapy.

The Medical Genome Center (MGC) was opened in 2015 to promote the development of new diagnostic and therapeutic methods as well as clinical applications and the effective use of bioresources using genomic information.

As a further example of cooperation between the hospital and the institutes, we opened a specialized disease center consisting of clinicians, researchers and other healthcare professionals involved in individual diseases. Here, unified efforts are being advanced for more specialized disease treatment as well as the research and development of innovative therapeutic approaches.

Our Exclusive Mission

This is the only center that brings together in one location experts in the four categories of mental disorders, neurological and muscular diseases, and developmental disorders. We proudly serve in the world’s only psychiatry and neurology center, where we will spare no effort to quickly and effectively deliver advanced medical services and defeat the diseases that afflict our patients. We deeply appreciate the public support and cooperation we receive in the course of our work.
Introducing the National Center of Neurology and Psychiatry (NCNP)

An advanced medical research center that combines medical care and research to overcome mental, neurological and muscular, and developmental disorders

Mission

As an advanced medical research center, NCNP plays a pivotal role in promoting clinical research on mental and neurological diseases by conducting not only its own basic research, but also clinical studies and trials. We also aim to consistently produce world-class research achievements by developing common research infrastructures with many external institutes and demonstrating unparalleled leadership in the effective use of research resources.

Human Resource Development
NCNP cultivates leaders with expertise through extensive education and tutoring of residents and research fellows, and also promotes exemplary training and workshops for professionals in healthcare and related fields. We cultivate future leaders in local healthcare and leading-edge clinical studies. In addition, NCNP is currently developing programs for professionals other than doctors and researchers.

Information Dissemination
NCNP adequately disseminates information such as basic information on psychiatric disorders and neurological diseases as well as information on their prevention, diagnosis and treatment, through various media and related institutions. In the event of an emergency situation, such as a natural disaster, NCNP promptly disseminates practical information based on its reliable accumulated research findings.

Provision of Medical Care
By making full use of the research achievements on psychiatric disorders and neurological diseases, NCNP delivers medical care that aims to improve the patient's quality of life. Particularly regarding rare, severe and intractable diseases, we collect cases and clinical information to provide advanced and pioneering treatments. We also support families and caretakers of patients with full consideration of the physical, psychological and economic burdens associated with these specific diseases.

Policy Recommendations
NCNP contributes to public policy planning related to psychiatric disorders and neurological diseases through the analyses of earlier research, epidemiological studies, clinical studies and other types of studies. For particularly urgent issues in fields such as medical policy and suicide prevention, we provide expert recommendations based on the findings of relevant research, field surveys and other efforts in Japan and overseas.
National Center Hospital

A leading-edge hospital that conducts medical practice and research in concert with the research institutes to overcome mental disorders, neurological and muscular diseases, and developmental disorders.

The mission of the National Center Hospital is to lead Japan’s research and medical care for brain, neurological and muscular diseases, many of which are intractable, toward clarifying their causes and developing diagnostic and treatment methods. A lot of people experience a deteriorating quality of life as these diseases interfere with their work and everyday activities. We sincerely strive to make highly qualified medical technologies available to patients with mental disorders, neurological and muscular diseases and developmental disorders, while respecting the human rights of our patients.
National Center Hospital

Departments
- Department of Psychiatry (1st Department)
- Department of Forensic Psychiatry (2nd Department)
- Department of Neurology
- Department of Child Neurology
  - Remedial Education Room
- Department of Neurosurgery
- Department of General Medicine
  - Nutrition Control Unit
- Department of General Surgery
- Department of Outpatient Service
  - Genetic Counseling Unit
- Surgery and Central Supply Unit
  - Division of Medical Engineering
- Department of Radiology
- Department of Laboratory Medicine
  - Sleep Disorders Laboratory
  - Genetic Diagnosis
- Department of Physical Rehabilitation
- Department of Psychosocial Rehabilitation
  - Clinical Psychology
- Medical and Welfare Consultation Unit
  - General Support Office for Medical and Welfare
- Department of Clinical Research Unit
  - Study Management/Coordination Section, Department of Clinical Research Promotion
  - Clinical Research/Trial Promotion Section
- Forensic Psychiatry Clinical Research Center
  - Division of Clinical Epidemiology
  - Division of Specialized Treatment Promotion
- Department of Pharmacy
- Department of Nursing
  - Division of Advanced Practice Nursing

Specialized Disease Centers
- Parkinson’s Disease & Movement Disorder Center
- Muscular Disease Center
- Multiple Sclerosis Center
- Epilepsy Center
- Community Psychiatric Practice Center
- Sleep Disorders Center
- Early Detection and Intervention Center for Schizophrenia (EDICS)
- Mood Disorder Center for Advanced Therapy
- Research Center for NeuroCognitive Disorders
- Dysphagia Research Center
- Center for Drug Addiction Treatment

Specialty Outpatient Clinic
- Epilepsy
- Memory Loss
- Depression
- Psychiatric Day Care
- Epilepsy Surgery
- Sleep Disorders
- Modified Electroconvulsive Therapy
- Dysphagia
- Irritable Bowel Syndrome
- Drug Dependence
- Second Opinions (Psychiatry, Neurology, Child Neurology)
- Genetic Counseling
- Schizophrenia

Medical Information Room
Education and Training Room
Medical Safety Management Unit

Operating room
Nursing station
X-ray room
Pediatric out-patient clinic
Discovering the fundamental causes of mental disorders, neurological and muscular diseases, and developmental disorders, and developing key breakthroughs in diagnosis, treatment and prevention

The World’s Leading Neuroscience Research Institute

As a research institute of an advanced specialized medical center, the National Institute of Neuroscience of the National Center of Neurology and Psychiatry conducts biological studies into the diagnosis, treatment and prevention of various mental disorders, neurological and muscular diseases, and developmental disorders for which the causes and treatments are not yet known. We have adopted molecular cell biology as a primary approach and are proactively applying physiology and brain imaging. We particularly focus on basic research that generates promising topics for clinical studies.

Internationally Unparalleled Animal Research Facilities

In the spacious premises of the center, we maintain two animal research facilities, the Research Facility for Experimental Animals and the Animal Facility for Translational Research. The Research Facility for Experimental Animals houses a medium-size animal research facility, a primate laboratory and a small-size animal laboratory, and the Animal Facility for Translational Research is for rodent research. With these four animal research facilities, we are able to conduct research using dogs with muscular dystrophy that are indispensable for studying this disease as well as mice and rats. We can also conduct studies on primates, such as marmosets, which have higher brain functions than mice and rats, a requirement for studying human mental disorders and neurological diseases. These facilities are among the largest of their kind in the world.

Open and International Research Environment Attracts Diverse Researchers

The National Institute of Neuroscience has successfully attracted outstanding talent through its system for accepting, by a variety of means, diverse researchers from Japan and abroad in addition to full time researchers. We also accept young, enthusiastic graduate students and conduct innovative studies using advanced equipment and methods through a joint graduate school program with a number of universities, including Waseda University, Chiba University and the University of Yamanashi. In this open environment, researchers in diverse fields are gathering and producing valuable findings through cooperative projects. We engage researchers from the United States, Europe, and other Asian nations. Furthermore, we actively conduct joint research projects with overseas institutions including Harvard University and the Max Planck Institute.
Seven Disease Research Departments

<table>
<thead>
<tr>
<th>Department</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Department of Neuromuscular Research</td>
<td>Elucidates pathomechanism of and develops therapy of muscle diseases</td>
</tr>
<tr>
<td>Department of Mental Retardation and Birth Defect Research</td>
<td>Advances biological understanding of developmental disorders and studies their diagnosis and prevention as well as treatment methods</td>
</tr>
<tr>
<td>Department of Mental Disorder Research</td>
<td>Advances brain science in the areas of schizophrenia and manic depression</td>
</tr>
<tr>
<td>Department of Degenerative Neurological Diseases</td>
<td>Develops essential therapies for neurological diseases such as Parkinson’s disease and dementia</td>
</tr>
<tr>
<td>Department of Peripheral Nervous System Research</td>
<td>Analyzes mechanism of neuronal degeneration and regeneration to develop neuroprotective therapy</td>
</tr>
<tr>
<td>Department of Demyelinating Diseases and Aging</td>
<td>Clarifies pathology of dementia, such as Alzheimer’s disease, and develops treatment methods</td>
</tr>
<tr>
<td>Department of Information Medicine</td>
<td>Explores brain pathophysiology and develops information therapy using integrated neuroimaging techniques</td>
</tr>
</tbody>
</table>

Seven Basic Research Departments

<table>
<thead>
<tr>
<th>Department</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Department of Biochemistry and Cellular Biology</td>
<td>Investigates molecular machinery of highly complicated and sophisticated nervous system development</td>
</tr>
<tr>
<td>Department of Ultrastructural Research</td>
<td>Investigates neural circuits and their development, and how higher brain function develops from neural circuits</td>
</tr>
<tr>
<td>Department of Molecular Therapy</td>
<td>Develops therapeutic approaches for neuromuscular diseases focusing on gene therapy and stem cell therapy</td>
</tr>
<tr>
<td>Department of Neurochemistry</td>
<td>Investigates molecular basis for functions of nerve cells and glial cells and applies results to treat associated diseases</td>
</tr>
<tr>
<td>Department of Immunology</td>
<td>Develops treatment methods for brain autoimmune diseases (especially multiple sclerosis)</td>
</tr>
<tr>
<td>Department of Molecular Pharmacology</td>
<td>Identifies the novel mechanism of systemic regulation that promote regeneration of neuronal network after central nervous system injury</td>
</tr>
<tr>
<td>Department of Neurophysiology</td>
<td>Explores neural basis of sensory-motor mechanism underlying animal behavior</td>
</tr>
</tbody>
</table>

Research Support Units

Administrative section of Animals Resources
Administrative section of Radiation Protection
Administrative section of Primate Management
Supporting people with psychiatric and developmental disorders by conducting clinical and basic research in the field of brain science and mental health and applying the achievements to medical treatment, policy recommendations and welfare services.

The National Institute of Mental Health conducts some of the world’s leading research to elucidate the causes of psychiatric and developmental disorders from psychological, sociological and biological perspectives. The institute collaborates with hospitals inside and outside the NCNP as well as with other medical institutions nationwide and government organs to actively eliminate disparities in advanced and pioneering techniques for diagnosis and therapy with the aim of improving the quality of mental healthcare. We also make a substantial effort to offer specialized training courses and general lectures to broadly share our research results with medical professionals and the general public.

**Mission of the National Institute of Mental Health**

Supporting individuals and society through research

1. Study of mental health policy (policy recommendations to national and local governments)
2. Basic research on brain science (pathophysiology of psychiatric diseases and developmental disorders)
3. Research targeting clinical application (diagnosis, therapy, rehabilitation, study of psychiatric rehabilitation)
4. Study of legal systems (criminal cases, adult guardianship, solutions for problems such as drug abuse/dependence)
5. Study of suicide prevention
6. Support for psychiatric treatment in response to disaster
7. Development of human resources with advanced expertise in psychiatric treatment and mental health
### Applying Research Achievements to Contribute to Policy Making

<table>
<thead>
<tr>
<th>Department of Mental Health Policy</th>
<th>Contributing to our nation’s mental health policy making and planning through (1) close monitoring of mental health and welfare in Japan, (2) mental health policy evaluation and (3) psychiatric epidemiological research with utilization of big medical records data</th>
</tr>
</thead>
<tbody>
<tr>
<td>Department of Drug Dependence Research</td>
<td>Contribute to resolving drug dependence-related issues by conducting epidemiological research on the drug abuse/dependence and pharmacological mechanism of dependence-producing drugs</td>
</tr>
<tr>
<td>Department of Community Mental Health and Law</td>
<td>Contribute to building improved mental health and welfare systems through developing effective services and systems to support community living for people with mental disorders and conducting empirical research</td>
</tr>
</tbody>
</table>

### Applying Research Achievements to Clinical Care

<table>
<thead>
<tr>
<th>Department of Behavioral Medicine</th>
<th>Research on the pathogenesis and treatment of mental and psychosomatic disorders related to severe stress and trauma</th>
</tr>
</thead>
<tbody>
<tr>
<td>Department of Preventive Intervention for Psychiatric Disorders</td>
<td>(1) Research into early detection and intervention on psychiatric disorders and the development of preventive therapeutics (2) Elucidation of etiology, mechanisms, and treatment of psychiatric conditions common in childhood and adolescence</td>
</tr>
<tr>
<td>Department of Neuropsychopharmacology</td>
<td>The Department of Neuropsychopharmacology carries out integrative drug discovery research using techniques in molecular pharmacology, behavioral science and applied neuroscience. Especially, depression, anxiety disorders, schizophrenia and suicide are focused.</td>
</tr>
<tr>
<td>Department of Pathology of Mental Diseases</td>
<td>Elucidation of pathology and development of diagnosis and treatment in schizophrenia, mood disorders, and developmental disorders. Dissemination, education and verification of treatment guidelines in psychiatry</td>
</tr>
<tr>
<td>Department of Sleep-Wake Disorders</td>
<td>Elucidate the pathophysiology of circadian and sleep-wake disorders, its influence on mental and physical condition, and develop the new strategies for diagnosis and treatment</td>
</tr>
<tr>
<td>Department of Developmental Disorders</td>
<td>Elucidate the pathophysiology of developmental disorders including intellectual disability, autism spectrum disorder, ADHD and specific learning disorder, and explore the effective methods of diagnosis and new treatments</td>
</tr>
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</table>

### Information Dissemination and Human Resource Development

<table>
<thead>
<tr>
<th>Japan Support Center for Suicide Countermeasures</th>
<th>Conduct research and studies, disseminate information, develop human resources and recommend policies to support the government’s comprehensive measures for suicide prevention.</th>
</tr>
</thead>
<tbody>
<tr>
<td>National Information Center of Stress and Disaster Mental Health</td>
<td>Research on the mental health impact of disaster and severe criminality and the development of effective countermeasures and guidelines</td>
</tr>
</tbody>
</table>

### Training and Education

- Multiple-day courses are held annually to develop specialized expertise.
- About 1,000 people recommended by local governments participate annually in the courses.

<table>
<thead>
<tr>
<th>Psychological first aid and psychosocial support in disaster</th>
<th>Leadership training for community mental health development</th>
</tr>
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<tbody>
<tr>
<td>Workshop of treating drug dependence for medical doctors</td>
<td>Workshop of treating drug dependence for medical doctors</td>
</tr>
<tr>
<td>Workshop of group relapse prevention program for drug dependence</td>
<td>Workshop of group relapse prevention program for drug dependence</td>
</tr>
<tr>
<td>Comprehensive and coordinated management for developmental disorders : early detection and intervention/psychiatric management</td>
<td>Medical science for supporting people with developmental disorders</td>
</tr>
<tr>
<td>Training for local government personnel on integrated community mental health care</td>
<td>Mental health outreach services for people with severe mental illnesses</td>
</tr>
<tr>
<td>Supported employment for people with severe mental illnesses</td>
<td>Risk assessment training for adverse outcomes in the community</td>
</tr>
</tbody>
</table>
Translational Medical Center (TMC)

Conducting global clinical research, discovering effective drugs and cultivating human resources to deliver innovative medical care to patients suffering from mental disorders, neurological and muscular diseases, and developmental disorders.

The Translational Medical Center represents the bridge between the hospital and the institutes. We link pioneering research results to clinical applications while at the same time transforming clinical questions into basic research and clinical research. We are also actively developing human resources for clinical research.

Promoting Clinical Trials
- Planning of physician-led clinical trials, including early exploratory clinical trials
- Coordination of clinical trials with overseas research institutes
- Project management
- Development of patient registry

TMC Activities

Developing Clinical Research Environments
- Planning of clinical research and offering of provisional consultation and support for pharmaceutical affairs, etc.
- Support of clinical epidemiology and biostatistics
- Muscular Dystrophy Clinical Trial Network
- Ethics course

Human Resource Development
- Clinical research seminars and workshops
- Conference for developing young researchers
- Young researcher fellowship program
- Intensive training seminar on protocol preparation
- Seminar on genetics
- Seminar on genetic counseling
Medical Genome Center (MGC)

Developing new diagnostic and therapeutic methods with genomic information toward clinical applications and promoting the effective use of bioresources for mental disorders, neurological and muscular diseases and developmental disorders.

Organizational Structure

Department of Clinical Genome Analysis
- Section of Clinical Genome Analysis
- Section of Genomic Information Management

Department of Genome Medicine Development
- Section of Integrative Genome Diagnosis
- Section of Omics Analysis

Department of Bioresource and Biobank
- Section of Bioresource Management
- Section of Bioresource Utilization Promotion

The MGC preserves genomic and genetic information and bioresources through linkage with clinical information. It utilizes these value-added resources to develop new diagnostic, therapeutic, and prevention methods as well as clinical applications in collaboration with hospitals, research institutions, and the TMC.

Development of Translational Medicine Using Genome Analysis
- Acquisition and analysis of genomic information
- Management of data including links to clinical information
- Verification of the clinical efficacy of genomic information
- Compliance with ethical guidelines for genomic and genetic research

Practical Application of Genomic Medicine
- Development and application of genomic and genetic diagnosis
- Development and application of integrated genomic diagnosis that incorporates pathological and other assessments
- Utilization of information from omics data other than genomics
- Development of human resources

Management and Utilization of Bioresources
- Collection, registration, and preservation of bioresources
- Management of information related to bioresources
- Promotion of effective use of bioresources

NCNP Biobank

AGTCGA

NCNP Biobank

- Collection, registration, and preservation of bioresources
- Management of information related to bioresources
- Promotion of effective use of bioresources
Integrative Brain Imaging Center

Toward understanding brain pathophysiology by means of integrative neuroimaging that takes advantage of various imaging technologies

The Integrative Brain Imaging Center conducts integrative imaging studies of mental disorders, neurological and muscular diseases, and developmental disorders in close cooperation with the two research institutes and the hospital in NCNP. The Integrative Brain Imaging Center will take the lead in clinical imaging studies as a central facility for multi-institutional neuroimaging research projects in Japan.

<table>
<thead>
<tr>
<th>Organization Overview</th>
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</thead>
<tbody>
<tr>
<td><strong>Department of Advanced Neuroimaging</strong></td>
</tr>
<tr>
<td>• Multimodal Neuroimaging Section</td>
</tr>
<tr>
<td>• Animal Model Imaging Section</td>
</tr>
<tr>
<td>• Organic Radiochemistry Section</td>
</tr>
<tr>
<td>• Neurophysiology Section</td>
</tr>
<tr>
<td>• Brain-Computer Interface Section</td>
</tr>
<tr>
<td><strong>Department of Clinical Neuroimaging</strong></td>
</tr>
<tr>
<td>• Diagnostic Neuroimage Research Section</td>
</tr>
<tr>
<td>• Clinical Optic Imaging Section</td>
</tr>
<tr>
<td>• Imaging Neuroinformatics Analysis Section</td>
</tr>
<tr>
<td>• Neuroimaging Database Section</td>
</tr>
</tbody>
</table>

Conducting Integrative Neuroimaging Studies

Each imaging technology has its own unique advantages. The effective combination of multiple brain imaging techniques, such as magnetic resonance imaging (MRI), positron emission tomography (PET), magnetic encephalography (MEG) and near-infrared spectroscopy (NIRS), allows us to develop new diagnostic imaging technologies for exploring brain structures and functions, and to achieve major progress in understanding brain pathophysiology.

Creating a Brain Image Network

We have created the Integrative Brain Imaging Support System (IBISS) for multi-institutional neuroimaging research projects, which will lead to building a brain imaging database. IBISS will also function as a hub for a nationwide network for studying clinical brain imaging and contribute to clinical imaging education.
Center for Cognitive Behavior Therapy and Research

Committed to promoting and developing specialists for cognitive behavioral therapy, a major alternative to medication for the treatment of mental disorders

The Center for Cognitive Behavior Therapy and Research is Japan’s first training and research center specialized in cognitive behavior therapy (CBT). The center intends to improve psychiatric technologies in Japan and create a society in which patients receive better psychiatric treatment services. To that end, we implement the nation’s leading-edge research and training related to cognitive behavioral therapy.

**Human Resource Development**
- Development of CBT specialists and instructors
  - Clinical training in medical facilities in Japan and overseas for doctors, clinical psychologists, nurses, etc.
- Promotion of the use of CBT in general practice
- CBT training (mental disorders, cancer patient care, lifestyle diseases, etc.)
- Training of people involved in mental health projects in local communities, medical care, and welfare activities

**Clinical Study**
- Development and introduction of CBT manuals on depression, anxiety disorder, insomnia, schizophrenia, etc., and evaluating their effectiveness
- Evaluation of CBT education methods and their effectiveness
- Study on CBT approaches in communities, workplaces, educational institutions and the justice system
- Clarification of therapy mechanisms

**External Collaboration**
- Major universities in Japan
- Major overseas medical institutions such as McLean Hospital
- International accreditation organization (Academy of Cognitive Therapy and International OCD Foundation)

**Activity Support**
- Support of mental health activities in local communities, workplaces and schools
- Provision of information
- Facilitation of CBT interviews for individuals, groups and families

**Cognitive Behavioral Therapy**
The purpose of CBT is to relieve symptoms and prevent recurrence of depression in mood, physical responses, etc., caused by stress through strengthening patient self-control by applying theories and behavior modification techniques of cognitive behavioral science.
## Outline

<table>
<thead>
<tr>
<th>Name</th>
<th>National Center of Neurology and Psychiatry</th>
</tr>
</thead>
<tbody>
<tr>
<td>Establishment</td>
<td>April 1, 2010</td>
</tr>
</tbody>
</table>

### Presidents and Directors

**Presidents and Directors**

- **President**
  - Hidehiro Mizusawa
  - Kazuyuki Nakagome
  - Shin’ichi Takeda
  - Emi Ikeyama
  - Michio Suzuki

- **Director of the National Institute of Neuroscience**
  - Hidehiro Mizusawa
  - Kazuyuki Nakagome
  - Keiji Wada
  - Yoshiharu Kim
  - Hirofumi Komaki
  - Yuichi Goto
  - Hiroshi Matsuda
  - Masaru Horikoshi

### NCNP History

**National Center Hospital**
- December 1940
- December 1945
- January 1978
- October 1986

Established as Musashi Sanatorium for the War Disabled
Transferred to the Ministry of Health and Welfare and Inaugurated as National Musashi Sanatorium
Establishment of the research institute (Neurological Research Center of National Musashi Sanatorium)
Establishment of The National Center of Neurology and Psychiatry and integration of Musashi Hospital of NCNP

**National Institute of Neuroscience**
- January 1978
- October 1986

Established as Neurological Research Center of National Musashi Sanatorium
Renamed as National Institute of Neuroscience due to establishment of National Center of Neurology and Psychiatry

**National Institute of Mental Health**
- January 1952
- October 1986

Established as National Institute of Mental Health
Renamed as National Institute of Mental Health, National Center of Neurology and Psychiatry

**National Center of Neurology and Psychiatry**
- October 1986
- April 1997
- October 1997
- April 1999
- April 2000
- October 2003
- March 2005
- July 2005
- October 2006
- April 2008
- October 2008
- April 2010
- September 2010
- April 2011
- December 2011
- July 2014
- April 2015
- May 2015
- April 2016
- October 2017
- April 2018

- Merged of National Musashi Sanatorium, its Neurological Research Center and National Institute of Mental Health into National Center of Neurology and Psychiatry (NCNP)
- Establishment of the National Kohnodai Hospital to NCNP
- Addition of Department of Molecular Genetics to National Institute of Neuroscience
- Addition of Department of Psychosomatic Research to National Institute of Mental Health
- Renaming of Mental Retardation Department of National Institute of Mental Health to Department of Developmental Disorders
- Addition of Department of Molecular Therapy to National Institute of Neuroscience
- Addition of Department of Forensic Psychiatry to National Institute of Mental Health
- Moved National Institute of Mental Health to Kodaira district of Tokyo
- Addition of the nation’s first facility under the Act on Medical Care and Treatment for Persons Who Have Caused Serious Cases Under the Condition of Insanity
- Opening of Center for Suicide Prevention in National Institute of Mental Health
- Renamed National Kohnodai Hospital with International Medical Center of Japan
- Merged of National Musashi Sanatorium, its Neurological Research Center and National Institute of Mental Health into National Center of Neurology and Psychiatry
- NCNP became an Incorporated Administrative Agency
- Establishment of Center’s second facility (9 hospital wards) under the Act on Medical Care and Treatment for Persons Who Have Caused Serious Cases Under the Condition of Insanity
- Completion of construction of new National Center Hospital building
- Establishment of Center for Cognitive Behavior Therapy and Research
- Opening of National Information Center for Disaster Mental Health
- Completion of construction of new Library and Conference Center
- NCNP was chosen as a National Research and Development Agency
- Establishment of Medical Genome Center
- Establishment of Visiting Nurse Service Station
- Establishment of Forensic Psychiatry Clinical Research Center
- Establishment of Japan Support Center for Suicide Countermeasures
- Establishment of Department of Pathology of Mental Diseases
- Reorganization of research divisions in National Institute of Mental Health
基本理念

病院と研究所が一体となり、精神疾患、神経疾患、筋疾患、及び発達障害の克服を目指した研究開発を行い、その成果をもとに高度先駆的医療を提供するとともに、全国への普及を図る。

Philosophy

Our hospital and institutions should work together in research and development to overcome mental disorders, neurological and muscular diseases, and developmental disorders with the mission to use our research results for providing advanced medical services and to spread our services across the country.
Access Map

- Get off the train bound for Haijima or Seibu Yuenchi at Hagiymama Station (South exit) on the Seibu Shinjuku Line, 7-minute walk from the station.
- Change the train at Kokubunji Station on the JR Chuo Line. Get off the train at Hagiymama Station on the Seiben Tamako Line, 7-minute walk from the station.
- Get off the train at Shin-Kodaira Station on the JR Musashino Line, 10-minute walk from the station.