

ISNPR

INTERNATIONAL SOCIETY FOR NUTRITIONAL PSYCHIATRY RESEARCH

INAUGURAL MEETING IN TOKYO - 21 JUNE 2013 - NATIONAL INSTITUTE OF HEALTH AND NUTRITION, TOKYO

PROGRAM

9.00am - 9.30am	Reception
9.30am - 9.40am	Welcome Address - A/P Jacka and Dr Mizoue
9.40am - 10.30am	Keynote Lecture: Can we prevent depression by modifying diet? - A/P Jacka (Australia)
10.30am - 10.45am	Coffee Break and Poster
10.45am - 12.15pm	Overview of Nutritional Psychiatry (Chair: Prof Su and Dr Matsuoka) <ul style="list-style-type: none">• A historical perspective on nutritional psychiatry - Dr Jonsson (Sweden)• Epidemiologic approach for nutritional psychiatry - Dr Mizoue (Japan)• Omega-3 in depression: the biological, therapeutic and preventative implications - Prof Su (Taiwan)• Biology for the role of nutrients in psychiatric disorders - Dr Maekawa (Japan)• Summary of poster presentation (1)
12.15pm - 1.30pm	Lunch (Bento) and Poster
1.30pm - 2.45pm	Observational Studies and Reviews (Chair: A/P Jacka and Dr Nishi N) <ul style="list-style-type: none">• Healthy diet for the prevention of depression and suicide - Dr Nanri (Japan)• The role of nutrition in late-life depression - Dr Chiu (Taiwan)• Living circumstances and dietary patterns of Great East Japan Earthquake victims - Dr Nishi N (Japan)• Fatty acid metabolism and the onset of psychosis - Prof Amminger (Australia)• Summary of poster presentation (2)
2.45pm - 3.00pm	Coffee Break and Poster
3.00pm - 4.50pm	Intervention Studies (Chair: Dr O'Neil and Dr Nishi D) <ul style="list-style-type: none">• A double-blind, randomized, placebo controlled trial of the efficacy and safety of micronutrients for the treatment of ADHD in adults - Dr Rucklidge (New Zealand)• Diet as a therapeutic target in depression: A randomized controlled trial - Dr O'Neil (Australia)• Fish oil for attenuating posttraumatic stress symptoms among rescue workers after the Great East Japan Earthquake: A randomised controlled trial - Dr Nishi D (Japan)• Omega-3 fatty acids versus placebo for secondary prevention of PTSD after accidental injury: A randomised controlled trial - Dr Matsuoka (Japan)• Stress and earthquakes: a case control and RCT of micronutrients - Dr Rucklidge (New Zealand)• Summary of poster presentation (3)
4.50pm - 5.00pm	Summary and future directions - A/P Jacka (Australia)
5.00pm - 5.05pm	Closing
5.30pm - 7.30pm	Banquet

CONTACTS

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VENUE INFORMATION

Venue:	National Institute of Health and Nutrition (Tokyo, Japan)
Website:	http://www0.nih.go.jp/eiken/english/index.html
Map:	http://www0.nih.go.jp/eiken/english/map_e.html

RECOMMENDED ACCOMMODATION

Hotel Sunroute Higashi Shinjuku
<http://www.hotelsunroutehigashishinjuku.jp/en/>

Conference staff will guide participants from this hotel to NIHN (15 min walk) in the morning. Please arrange and pay for accommodation by yourself.